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The Rebirth of the Hero: Mythology as a Guide to Spiritual Transformation

By Keiron Le Grice

Muswell Hill Press. Paperback. Book Condition: new. BRAND NEW, The Rebirth of the Hero: Mythology as a Guide to Spiritual Transformation, Keiron Le Grice, The portrayal of the hero in classical myths and modern films continues to exert a compelling influence on the collective imagination, entertaining and inspiring audiences the world over. On a deeper level, the myth of the hero's adventure is recognized as a fundamental pattern of human experience itself, a symbolic expression of the individual's struggle for greater consciousness, psychological wholeness, and spiritual realization. About the book In The Rebirth of the Hero, Keiron Le Grice draws on the ideas and life experiences of C. G. Jung, Joseph Campbell, and Friedrich Nietzsche to explore the spiritual journey of the modern self, from existential crisis and the "awakening of the self" to the dramatic encounter with the underworld of the psyche and the arduous labor of spiritual transformation. In a work of wide-ranging scope and penetrating insight, Le Grice analyzes scenes from a number of popular films - Jason and the Argonauts, Star Wars, The Lord of the Rings, Pan's Labyrinth, and more - to illuminate the themes and stages of psychospiritual rebirth and individuation, helping to make...



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