



Health (4th Edition): 139 Powerful Scientifically Proven Health Tips to Boost Your Health, Shed Pounds Live Longer! (Paperback)

By Linda Westwood

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Get Your Hands On 139 Health Tips Scientifically PROVEN to WORK (41 Of Them Are GUARANTEED to Surprise You!) FREE BONUS INCLUDED: If you download this book, you will get a FREE DOWNLOAD of Linda Westwood s best selling book, Quick Easy Weight Loss: 97 Scientifically PROVEN Tips Even For Those With Busy Schedules! From the best-selling weight loss author, Linda Westwood, comes Health (4th Edition): 139 POWERFUL Scientifically PROVEN Health Tips to Boost Your Health, Shed Pounds Live Longer! This book will help you start changing your life and your health forever! If you are trying to lose weight, but can t see any results. If you re constantly feeling tired, lazy, or lethargic throughout the day. Or do you want to feel and look more healthy than you have in years. THIS BOOK IS FOR YOU! This book provides you with a HUGE 139 health tips that have been specially collected to powerfully work on your body in days, NOT weeks or months! (41 of them are also scientifically proven and guaranteed to surprise you!) It comes with tons...



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