



Smokeless: An Introductory Guide to the Pleasures of Vaping (Paperback)

By John Castle

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Smokeless: An Introductory Guide To The Pleasures Of Vaping is an informative, often irreverent, guide to the world of electronic cigarettes, the fastest growing form of tobacco harm reduction in the world today. This guide is provided in an easy-to-read, casual style that makes technical concepts accessible and familiar, but author John Castle doesn't stop there. Technical information is interspersed with the writer's own first-hand experience -- sometimes triumphant, sometimes embarrassing -- from his own journey through the world of electronic cigarettes. Finally, he provides a glimpse into the forces working against -- and for -- this exciting alternative to smoking, concluding with advice that should help the prospective ex-smoker enjoy vaping with as few hassles as possible. He caps off this informative and entertaining guidebook with a list of his personal recommendations for the best hardware, e liquids, and information resources to get you well on your way to a healthier, more enjoyable pastime.



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Reviews

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