



## 21 Days of Enlightenments: A Guided Journey of Service

By Ian Hoge, Bernadette Lockett

Createspace, United States, 2010. Paperback. Book Condition: New. 234 x 190 mm. Language: English . Brand New Book. 21 DAYS OF ENLIGHTENMENTS is an interactive workbook that creates daily opportunities for fun and exploration as you discover more about yourself, your relationship to others, and to all living things. Each day you will be led on an adventure of enlightenment and service as you push past your comfort zone and boundaries to connect with your external and internal world. By doing so, you ll see more clearly who you really are, and have the opportunity to experience life in a more conscious and joyful way. This book sets you on a path, one that increases your awareness of this world and how you fit into it. And the enlightenments that you take away, are truly gifts to yourself, as they will have a lasting effect on your life. You won t be surprised by what you learn, you ll be transformed!.

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