



Five Meditations on Death: In Other Words . . . On Life (Paperback)

By Francois Cheng

Inner Traditions Bear and Company, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. Born from intimate discussions with friends, these five meditations on death from poet-philosopher Francois Cheng examine the multiple ways the prospect of death significantly shapes life and is, in fact, what makes life meaningful and sacred. The author shows that death is a transition in a longer living process not visible from the modern black and white view of life and death. He examines his experience of ancestor worship in his native China and the beliefs that underlies it: Our ancestors are alive in another form, that what is living can never die and what is dead has never lived. Cheng looks at the consequences of a world that has abandoned the sacred and avoids the mention of death, a world now blindly staggering through the chaos it has created, yet which can return to balance if we once again embrace the essential sacredness of life as well as death. Throughout these five heart-baring meditations, Cheng invites us to contemplate life in the light of our own death. He reveals that to be conscious of death gives our fate its full meaning. Our...

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