



## Anxiety Disease

By G Sheehan

Bantam Doubleday Dell Publishing Group Inc, United States, 2001. Paperback. Book Condition: New. Reissue. 173 x 104 mm. Language: English . Brand New Book. Anxiety is not always psychological but rather a disease that can now be controlled. The symptoms are devastating: sudden unprovoked attacks of anxiety-accompanied by skipping and racing of the heart, shortness of breath, lightheadedness, dizzy spells. Even worse is the fear that you are losing your mind. But here s the good news. The more unexpected and unprovoked the attacks or the symptoms, the more likely that the victim is suffering from a biologically beset disease. What s more, medical science can now overcome this disease in virtually all cases through a combination of drugs and behavior therapy. Dr. David V. Sheenan, formerly of the Harvard Medical School, is now the Director of Research of the College of Medicine at the University of South Florida in Tampa. He draws upon recent research and his own pioneering breakthroughs in the treatment of anxiety to present in this book: -Quizzes that will help you determine whether your anxiety is caused by normal stress or is the result of a genetically influenced physical disorder. Seven progressive stages of the...



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Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



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Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Klara is a little different from the other cows, because she has a very special...