



The Woman Behind the Paint: Artwork, Words, Womanhood and a Recovery

By Colleen Kassner

Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Colleen Kassner s recovery from mental illness is illustrated through her artwork, essays and poetry. Her journey starts in 1994 and is a powerful narrative relating her amazing transformation. From single mother and social work student doing her internship at Grand Avenue Club (GAC) in Milwaukee, Wisconsin, to a woman in the throes of bi-polar disorder and alcohol abuse, she changes her life when she experiences an epiphany that starts her recovery. She becomes a person who, paints, runs a gallery, is happily married, and encourages others on their journey to mental health and recovery. In 2001 she reconnected with her creativity by using art to aid in her recuperation from a traumatic psychiatric hospitalization. She hasn t stopped creating and growing as a human being since. Colleen combined her degree in social work with her love for art in 2006 when she re-established, her connection with GAC. GAC uses a unique, non-clinical philosophy of psychiatric rehabilitation, which enables its members to return to full and productive lives. Rachel Forman, in the introduction to this book states: GAC...



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