



A Year of Living Boldly: 52 Empowering Life-Lifts That Will Revitalize Your Health, Your Business, Your Relationships (Paperback)

By Liz Gilson Aaron

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In A Year of Living Boldly Liz Gilson Aaron invites you to rethink the way you do things, to reframe your point of view, and thereby to revitalize your approach to your health, your business, and your relationships. She has an engaging and quirky way of looking at everyday things that will have you gasping, giggling, and yes, even groaning! Whether gardening or chasing after her beloved guineas, sailing or hang gliding or ice skating, Aaron's zest for life-hers and yours-shines through on every page. Come along for the ride as Aaron inspires and, at the same time, entertains you with her spirited stories and insights. A great gift for the holidays!.



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