



Nan Quan Competition Routine(Chinese Edition)

By ZHONG GUO WU SHU YAN JIU YUAN

paperback. Condition: New. Language:Chinese.Pages Number: 228 Publisher: People's Sports Publishing House Pub. Date :2001-10-1. In recent years, domestic and international martial arts to flourish, all forms of competition have become increasingly frequent, urgent need for standardized competition routines. To this end, the Chinese Wushu Research Institute, Chinese Wushu Association organized a well-known coaches, tai chi masters, and some outstanding athletes, the preparation of a fist. Nan Quan. .



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